

To Whom It May Concern,

Upon arriving at DU I immediately found a mentor in Anne when I came to her hoping to do a work study on her podcast, *The Actor's Mind*, which combines and explores the subjects of theater and psychology, my two main interests. "I'll do anything, whatever you need," I said, and she went out of her way to carve out a place for me to learn under her about the topics I was passionate about. That was my freshman year. As a junior I finally was able to take a class of hers, and my suspicions were confirmed: she is an exquisite, energizing, intentional acting teacher. It was no surprise to me that she was able to open up the craft of acting to me more than I had known before and help me overcome some personal weaknesses in the subject. What did come as a surprise were the life skills I've learned and fostered from Anne's acting class. While Anne does continue the legacy and the knowledge of the great acting teachers that taught her such as Kristin Linklater and Anne Bogart, most importantly Anne understands why *everyone* should take an acting class. She cultivates a class that focuses on virtues like really connecting with and listening to people, speaking chest-out with confidence, noticing and reacting to the present moment, and fully experiencing and being in your body. Her teaching goes far beyond what the subject line of her courses advertises, and her passion is wildly refreshing and infectious.

A handwritten signature in black ink, appearing to read "Nate", enclosed within a large, loopy oval shape.

Nate Cushing
7/21/2022