

Acting I, Fall 2021 – Color Map Assignment, step 1 of 2
Due by start of class, Friday, September 24

On a white piece of 8.5 x 11” paper (or larger), color at least 8 hours of your waking existence from now until end of day Thursday. The 8 hours must be concurrent; don’t break them up into separate chunks. As you move through your day, every 2 hours or so reflect on what you’re thinking, or how you are feeling physically/emotionally/mentally. Then attach a color to that particular state of being. This is very subjective. You can organize the color on your page however you wish (straight lines, diagonal lines, swirls, concentric circles, random, etc.) but please fill 90-100% of the page with color. Also, please title each color simply, with both a word describing the color (“blue” or “turquoise” or “muddy green,” for example) and a simple description of what you’re doing or how you’re feeling (“studying math” or “falling asleep” or “feeling giddy,” for example).

We will use these in class Friday to prepare for the second step of the assignment, due next Wednesday. Thanks.

Color Map Assignment, step 2 of 2
Due in class, Wednesday, September 29 – 4%

From the work we’ve done in class, please prepare three “color experiences” to present next Friday, each lasting approximately 10-20 seconds long. Each should represent a moment in time of your lived experience, expressed through sound and movement. Vocally you will repeat the description of the moment “Blue/purple, can’t wake up” as many times as needed to express the quality of the experience. Also choose some basic movement that helps to present the experience. The movement can be very simple: from standing to lying down, or running in place, or shaking your head. It can be either (both?) a literal description or abstract expression of what you were doing in that moment.

Why are we doing this? To practice expressing thought, feeling, idea, and action in our voices and bodies. Color is just one in-road to labeling these experiences.